

2026

Daily Bible Reading

Planner

FEATURING ONE-YEAR BIBLE

The Hebrew Testament in chronological order, daily Psalms or Proverbs, the Greek Testament, and Torah readings. By reading for most days four chapters, complete the entire Bible in one year.

*“Man shall not live by bread alone;
but by every word that proceeds from the mouth of YHVH.”*
Deu 8:3, Mat 4:4

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One-Year Bible Combined Chart

Includes:

CHRONOLOGICAL
HEBREW TESTAMENT

PSALMS / PROVERBS

GREEK TESTAMENT

TORAH READINGS

Day	January	February	March
1	Ge 1-2 / Ps 1 / Mt 1	Ge 22-23 / Psa 32	Ex 27-28 / Ps 60
2	Ge 3-4 / Ps 2 / Mt 2	Ge 24 / Ps 33 / Mt 23	Ex 29-30 / Ps 61 / Rm 14
3	<i>T. 1</i> Ge 47:28-50:26 / 3 Ge 43:24-44:17 Ge 5-6 / Ps 3	Ge 25-26 / Ps 34 / Mt 24	Ex 31-32 / Ps 62 / Rm 15
4	Ge 7-8 / Ps 4	Ge 27-28 / Ps 35 / Mt 25	Ex 33-34 / Ps 63 / Rm 16
5	Ge 9-10 / Ps 5 / Mt 3	Ge 29-30 / Ps 36 / Mt 26	Ex 35-36 / Ps 64 / 1 Co 1
6	Ge 11, Jb 1 / Ps 6 / Mt 4	Ge 31-32 / Ps 37 / Mt 27	Ex 37-38 / Ps 65 / 1 Co 2
7	Jb 2-3 / Ps 7 / Mt 5	<i>T. 1</i> Ex 18:1-20:26 / 3 Ge 49:27-50:26 Ge 33-34 / Ps 38	<i>Torah 1</i> Ex 30:11-34:35 / 3 Ex 6:2-7:7 Ex 39-40 / Ps 66
8	Jb 4-5 / Ps 8 / Mt 6	Ge 35-36 / Ps 39	Le 1-3 / Ps 67
9	Jb 6-7 / Ps 9 / Mt 7	Ge 37-38 / Ps 40 / Mt 28	Le 4-5 / Ps 68 / 1 Co 3
10	<i>Torah 1</i> Ex 1:1-6:1 / 3 Ge 44:18-46:27 Jb 8-9 / Ps 10	Ge 39-40 / Ps 41 / Mt Chiasm	Le 6-7 / Ps 69 / 1 Co 4
11	Jb 10-11 / Ps 11	Ge 41-42 / Ps 42 / Rm 1	Le 8-9 / Ps 70 / 1 Co 5
12	Jb 12-13 / Ps 12 / Mt 8	Ge 43-44 / Ps 43 / Rm 2	Le 10-11 / Ps 71 / 1 Co 6
13	Jb 14-15 / Ps 13 / Mt 9	Ge 45-46 / Ps 44 / Rm 3	Le 12-13 / Ps 72 / 1 Co 7
14	Jb 16-17 / Ps 14 / Mt 10	<i>Torah 1</i> Ex 21:1-24:18 / 3 Ex 1:1-2:25 Ge 47-48 / Ps 45	<i>Torah 1</i> Ex 35:1-40:38 / 3 Ex 7:8-8:19 Le 14-15 / Ps 73
15	Jb 18-19 / Ps 15 / Mt 11	Ge 49-50 / Ps 46	Le 16-17 / Ps 74
16	Jb 20-21 / Ps 16 / Mt 12	Ex 1-2 / Ps 47 / Rm 4	Le 18-19 / Ps 75 / 1 Co 8
17	<i>Torah 1</i> Ex 6:2-9:35 / 3 Ge 46:28-47:27 Jb 22-23 / Ps 17	Ex 3-4 / Ps 48 / Rm 5	Le 20-21 / Ps 76 / 1 Co 9
18	Jb 24-26 / Ps 18	Ex 5-6 / Ps 49 / Rm 6	Le 22-23 / Ps 77 / 1 Co 10
19	Jb 27-28 / Ps 19 / Mt 13	Ex 7-8 / Ps 50 / Rm 7	Le 24-25 / Ps 78 / 1 Co 11
20	Jb 29-30 / Ps 20 / Mt 14	Ex 9-10 / Ps 51 / Rm 8	Le 26-27 / Ps 79 / 1 Co 12
21	Jb 31-32 / Ps 21 / Mt 15	<i>Torah 1</i> Ex 25:1-27:19 / 3 Ex 3:1-4:17 Ex 11-12 / Ps 52	<i>Torah 1</i> Le 1:1-6:7 / 3 Ex 8:20-9:35 Nu 1-2 / Ps 80
22	Jb 33-34 / Ps 22 / Mt 16	Ex 13-14 / Ps 53	Nu 3-4 / Ps 81
23	Jb 35-36 / Ps 23 / Mt 17	Ex 15-16 / Ps 54 / Rm 9	Nu 5-6 / Ps 82 / 1 Co 13
24	<i>T. 1</i> Ex 10:1-13:16 / 3 Ge 47:28-48:22 Jb 37-38 / Ps 24	Ex 17-18 / Ps 55 / Rm 10	Nu 7-8 / Ps 83 / 1 Co 14
25	Jb 39-40 / Ps 25	Ex 19-20 / Ps 56 / Rm 11	Nu 9-10 / Ps 84 / 1 Co 15
26	Jb 41-42 / Ps 26 / Mt 18	Ex 21-22 / Ps 57 / Rm 12	Nu 11-12 / Ps 85 / 1 Co 16
27	Ge 12-13 / Ps 27 / Mt 19	Ex 23-24 / Ps 58 / Rm 13	Nu 13-14 / Ps 86 / 2 Co 1
28	Ge 14-15 / Ps 28 / Mt 20	<i>Torah 1</i> Ex 27:20-30:10 / 3 Ex 4:18-6:1 Ex 25-26 / Ps 59	<i>Torah 1</i> Le 6:8-8:36 / 3 Ex 10:1-29 Nu 15-16 / Ps 87
29	Ge 16-17 / Ps 29 / Mt 21		Nu 17-18 / Ps 88
30	Ge 18-19 / Ps 30 / Mt 22		Nu 19-20 / Ps 89 / 2 Co 2
31	<i>Torah 1</i> Ex 13:17-17:16 / 3 Ge 49:1-26 Ge 20-21 / Ps 31		Nu 21-22 / Ps 90 / 2 Co 3

Day	April	May	June
1	Nu 23-24 / Ps 91 / 2 Co 4	Js 13-14 / Ps 120 / Mk 13	1 Sa 30-31 / Pr 1 / Ph 4
2	Nu 25-26 / Ps 92 / 2 Co 5	<i>Torah</i> 1 Le 21:1-24:33 / 3 Ex 16:25-17:16 Js 15-17 / Ps 121	1 Ch 1-2 / Pr 2 / Cs 1
3	Nu 27-28 / Ps 93 / 2 Co 6	Js 18-20 / Ps 122	1 Ch 3-4 / Pr 3 / Cs 2
4	<i>Torah</i> 1 Ex 33:12-34:26 / 3 Ex 11:1-12:28 Nu 29-30 / Ps 94	Js 21-22 / Ps 123 / Mk 14	1 Ch 5-6 / Pr 4 / Cs 3
5	Nu 31-32 / Ps 95	Js 23-24 / Ps 124 / Mk 15	1 Ch 7-8 / Pr 5 / Cs 4
6	Nu 33-34 / Ps 96 / 2 Co 7	Ju 1-2 / Ps 125 / Mk 16	<i>Torah</i> 1 Nu 8:1-12:16 / 3 Ex 22:25-24:18 1 Ch 9-10 / Pr 6
7	Nu 35-36 / Ps 97 / 2 Co 8	Ju 3-4 / Ps 126 / Mk Chiasm	2 Sa 1-2 / Pr 7
8	De 1-2 / Ps 98 / 2 Co 9	Ju 5-6 / Ps 127 / Ga 1	2 Sa 3-4 / Pr 8 / 1 Th 1
9	De 3-4 / Ps 99 / 2 Co 10	<i>Torah</i> 1 Le 25:1-27:34 / 3 Ex 18:1-27 Ju 7-8 / Ps 128	2 Sa 5-6 / Pr 9 / 1 Th 2
10	De 5-6 / Ps 100 / 2 Co 11	Ju 9-10 / Ps 129	2 Sa 7-8 / Pr 10 1 Th 3
11	<i>Torah</i> 1 Le 9:1-11:47 / 3 Ex 12:29-13:16 De 7-8 / Ps 101	Ju 11-12 / Ps 130 / Ga 2	2 Sa 9-10 / Pr 11 / 1 Th 4
12	De 9-10 / Ps 102	Ju 13-14 / Ps 131 / Ga 3	2 Sa 11-12 / Pr 12 / 1 Th 5
13	De 11-12 / Ps 103 / 2 Co 12	Ju 15-17 / Ps 132 / Ga 4	<i>Torah</i> 1 Nu 13:1-15:41 / 3 Ex 25:1-26:30 2 Sa 13-14 / Pr 13
14	De 13-14 / Ps 104 / 2 Co 13	Ju 18-19 / Ps 133 / Ga 5	2 Sa 15-16 / Pr 14
15	De 15-16 / Ps 105 / Mk 1	Ju 20-21 / Ps 134 / Ga 6	2 Sa 17-18 / Pr 15 / 2 Th 1
16	De 17-18 / Ps 106 / Mk 2	<i>Torah</i> 1 Nu 1:2-4:20 / 3 Ex 19:1-25 Ru 1-2 / Ps 135	2 Sa 19-20 / Pr 16 / 2 Th 2
17	De 19-20 / Ps 107 / Mk 3	Ru 3-4 / Ps 136	2 Sa 21-22 / Pr 17 / 2 Th 3
18	<i>Torah</i> 1 Le 12:1-15:33 / 3 Ex 13:17-15:21 De 21-22 / Ps 108	1 Sa 1-2 / Ps 137 / Ga Chiasm	2 Sa 23-24 / Pr 18 / Lk 1
19	De 23-24 / Ps 109	1 Sa 3-4 / Ps 138 / Ep 1	1 Ch 11-12 / Pr 19 / Lk 2
20	De 25-26 / Ps 110 / Mk 4	1 Sa 5-6 / Ps 139 / Ep 2	<i>Torah</i> 1 Nu 16:1-18:32 / 3 Ex 26:31-27:19 1 Ch 13-14 / Pr 20
21	De 27-28 / Ps 111 / Mk 5	1 Sa 7-8 / Ps 140 / Ep 3	1 Ch 15-16 / Pr 21
22	De 29-30 / Ps 112 / Mk 6	1 Sa 9-10 / Ps 141 / Ep 4	1 Ch 17-18 / Pr 22 / Lk 3
23	De 31-32 / Ps 113 / Mk 7	<i>Torah</i> 1 De 14:22-16:17 / 3 Ex 20:1-26 1 Sa 11-12 / Ps 142	1 Ch 19-21 / Pr 23 / Lk 4
24	De 33-34 / Ps 114 / Mk 8	1 Sa 13-14 / Ps 143	1 Ch 22-23 / Pr 24 / Lk 5
25	<i>Torah</i> 1 Le 16:1-20:27 / 3 Ex 15:22-16:24 Js 1-2 / Ps 115	1 Sa 15-16 / Ps 144 / Ep 5	1 Ch 24-25 / Pr 25 / Lk 6
26	Js 3-4 / Ps 116	1 Sa 17-18 / Ps 145 / Ep 6	1 Ch 26-27 / Pr 26 / Lk 7
27	Js 5-6 / Ps 117 / Mk 9	1 Sa 19-20 / Ps 146 / Ph 1	<i>Torah</i> 1 Nu 19:1-25:9 / 3 Ex 27:20-28:35 1 Ch 28-29 / Pr 27
28	Js 7-8 / Ps 118 / Mk 10	1 Sa 21-22 / Ps 147 / Ph 2	1 Ki 1-2 / Pr 28
29	Js 9-10 / Ps 119:1-88 / Mk 11	1 Sa 23-24 / Ps 148 / Ph 3	1 Ki 3-4 / Pr 29 / Lk 8
30	Js 11-12 / Ps 119:89-176 / Mk 12	<i>Torah</i> 1 Nu 4:21-7:89 / 3 Ex 21:1-22:24 1 Sa 25-26 / Ps 149	So 1-3 / Pr 30 / Lk 9
31		1 Sa 27-29 / Ps 150	

Day	July	August	September
1	So 4-5 / Pr 31 / Lk 10	<i>Torah</i> 1 De 7:12-11:25 / 3 Ex 35:1-36:38 2 Ki 9-10 / Ps 31	Is 15-16 / Ps 62 / 1 Tm 5
2	So 6-8 / Ps 1 / Lk 11	2 Ch 21-22 / Ps 32	Is 17-18 / Ps 63 / 1 Tm 6
3	1 Ki 5-6 / Ps 2 / Lk 12	2 Ki 11-12 / Ps 33 / Ac 8	Is 19-20 / Ps 64 / 2 Tm 1
4	<i>T. 1</i> Nu 25:10-29:40 / 3 Ex 28:36-30:10 1 Ki 7-8 / Ps 3	2 Ki 13-14 / Ps 34 / Ac 9	Is 21-22 / Ps 65 / 2 Tm 2
5	1 Ki 9-10 / Ps 4	2 Ch 23-24 / Ps 35 / Ac 10	<i>Torah</i> 1 De 29:10-31:30 / 3 Le 1:1-2:16 Is 23-24 / Ps 66
6	Ec 1-2 / Ps 5 / Lk 13	Ho 1-2 / Ps 36 / Ac 11	Is 25, 2 Ch 28 / Ps 67
7	Ec 3-4 / Ps 6 / Lk 14	Ho 3-4 / Ps 37 / Ac 12	2 Ki 16-17 / Ps 68 / 2 Tm 3
8	Ec 5-6 / Ps 7 / Lk 15	<i>Torah</i> 1 De 11:26-16:17 / 3 Ex 37:1-38:20 Ho 5-6 / Ps 38	Is 26-27 / Ps 69 / 2 Tm 4
9	Ec 7-8 / Ps 8 / Lk 16	Ho 7-8 / Ps 39	Is 28-29 / Ps 70 / Ti 1
10	Ec 9-10 / Ps 9 / Lk 17	Ho 9-10 / Ps 40 / Ac 13	Is 30-31 / Ps 71 / Ti 2
11	<i>Torah</i> 1 Nu 30:1-36:13 / 3 Ex 30:11-38 Ec 11-12 / Ps 10	Ho 11-12 / Ps 41 / Ac 14	Is 32-33 / Ps 72 / Ti 3
12	2 Ch 1-2 / Ps 11	Ho 13-14 / Ps 42 / Ac 15	<i>Torah</i> 1 Ge 21:1-34 / 3 Le 3:1-17 Is 34-35 / Ps 73
13	2 Ch 3-4 / Ps 12 / Lk 18	Joe 1-3 / Ps 43 / Ac 16	2 Ch 29-30 / Ps 74
14	2 Ch 5-6 / Ps 13 / Lk 19	Am 1-2 / Ps 44 / Ac 17	2 Ch 31-32 / Ps 75 / Pm 1
15	2 Ch 7-8 / Ps 14 / Lk 20	<i>Torah</i> 1 De 16:18-21:9 / 3 Ex 38:21-39:1 Am 3-4 / Ps 45	2 Ki 18-19 / Ps 76 / Jn 1
16	2 Ch 9, 1 Ki 11 / Ps 15 / Lk 21	Am 5-6 / Ps 46	Is 36-37 / Ps 77 / Jn 2
17	1 Ki 12-13 / Ps 16 / Lk 22	Am 7-8 / Ps 47 / Ac 18	Is 38-39 / Ps 78 / Jn 3
18	<i>Torah</i> 1 De 1:1-3:22 / 3 Ex 31:1-32:14 1 Ki 14-15 / Ps 17	Am 9, Ob 1 / Ps 48 / Ac 19	2 Ki 20, Is 40 / Ps 79 / Jn 4
19	1 Ki 16-17 / Ps 18	2 Ch 25-26 / Ps 49 / Ac 20	<i>Torah</i> 1 De 32:1-52 / 3 Le 4:1-35 Is 41-42 / Ps 80
20	1 Ki 18-19 / Ps 19 / Lk 23	Jh 1-4 / Ps 50 / Ac 21	Is 43-44 / Ps 81
21	1 Ki 20-21 / Ps 20 / Lk 24	2 Ki 15, 2 Ch 27 / Ps 51 / Ac 22	Is 45-46 / Ps 82 / Jn 5
22	2 Ch 10-11 / Ps 21 / Lk Chiasm	<i>Torah</i> 1 De 21:10-25:19 / 3 Ex 39:2-32 Is 1-2 / Ps 52	Is 47-48 / Ps 83 / Jn 6
23	2 Ch 12-13 / Ps 22 / Ac 1	Is 3-4 / Ps 53	Is 49-50 / Ps 84 / Jn 7
24	2 Ch 14-15 / Ps 23 / Ac 2	Is 5-6 / Ps 54 / Ac 23	Is 51-52 / Ps 85 / Jn 8
25	<i>Torah</i> 1 De 3:23-7:11 / 3 Ex 32:15-34:35 2 Ch 16-17 / Ps 24	Is 7-8 / Ps 55 / Ac 24	Is 53-54 / Ps 86 / Jn 9
26	2 Ch 18-19 / Ps 25	Is 9-10 / Ps 56 / 1 Tm 1	<i>Torah</i> 1 Le 22:26-23:44 / 3 Le 5:1-6:7 Is 55-56 / Ps 87
27	1 Ki 22, 2 Ch 20 / Ps 26 / Ac 3	Is 11-12 / Ps 57 / 1 Tm 2	Is 57-58 / Ps 88
28	2 Ki 1-2 / Ps 27 / Ac 4	Mi 1-2 / Ps 58 / 1 Tm 3	Is 59-60 / Ps 89 / Jn 10
29	2 Ki 3-4 / Ps 28 / Ac 5	<i>Torah</i> 1 De 26:1-29:9 / 3 Ex 39:33-40:38 Mi 3-5 / Ps 59	Is 61-62 / Ps 90 / Jn 11
30	2 Ki 5-6 / Ps 29 / Ac 6	Mi 6-7 / Ps 60	Is 63-64 / Ps 91 / Jn 12
31	2 Ki 7-8 / Ps 30 / Ac 7	Is 13-14 / Ps 61 / 1 Tm 4	

Day	October	November	December
1	Is 65-66 / Ps 92 / Jn 13	Ez 9-10 / Ps 121	Ez 47-48 / Pr 1 / Jd 1
2	2 Ki 21, 2 Ch 33 / Ps 93 / Jn 14	Ez 11-12 / Ps 122 / He 13	Da 3-4 / Pr 2 / Re 1
3	<i>Torah</i> 1 De 33:1-34:12 / 3 Le 6:8-18 Na 1-3 / Ps 94	Ez 13-14 / Ps 123 / Jm 1	Da 7-8 / Pr 3 / Re 2
4	2 Ki 22-23 / Ps 95	Ez 15-16 / Ps 124 / Jm 2	Da 5-6 / Pr 4 / Re 3
5	2 Ch 34-35 / Ps 96 / Jn 15	Ez 17-18 / Ps 125 / Jm 3	<i>Torah</i> 1 Ge 37:1-40:23 / 3 Le 17:1-16 Da 9-10 / Pr 5
6	Je 1-2 / Ps 97 / Jn 16	Ez 19-20 / Ps 126 / Jm 4	Da 11-12 / Pr 6
7	Je 3-4 / Ps 98 / Jn 17	<i>Torah</i> 1 Ge 23:1-25:18 / 3 Le 13:29-59 Ez 21-22 / Ps 127	Er 1-2 / Pr 7 / Re 4
8	Je 5-6 / Ps 99 / Jn 18	Ez 23-24 / Ps 128	Er 3-4 / Pr 8 / Re 5
9	Je 7-8 / Ps 100 / Jn 19	2 Ki 25, 2 Ch 36 / Ps 129 / Jm 5	Hg 1-2 / Pr 9 / Re 6
10	<i>Torah</i> 1 Ge 1:1-6:8 / 3 Le 6:19-7:38 Je 9-10 / Ps 101	Ez 25-26 / Ps 130 / 1 Pe 1	Ze 1-2 / Pr 10 / Re 7
11	Zp 1-3 / Ps 102	Ez 27-28 / Ps 131 / 1 Pe 2	Ze 3-4 / Pr 11 / Re 8
12	2 Ki 24 / Ps 103 / Jn 20	Ez 29-30 / Ps 132 / 1 Pe 3	<i>Torah</i> 1 Ge 41:1-44:17 / 3 Le 18:1-30 Ze 5-6 / Pr 12
13	Da 1-2 / Ps 104 / Jn 21	Ez 31-32 / Ps 133 / 1 Pe 4	Ze 7-8 / Pr 13
14	Je 11-12 / Ps 105 / Jn Chiasm	<i>Torah</i> 1 Ge 25:19-28:9 / 3 Le 14:1-57 Je 37-38 / Ps 134	Ze 9-10 / Pr 14 / Re 9
15	Je 13-14 / Ps 106 / He 1	Je 39-40 / Ps 135	Ze 11-12 / Pr 15 / Re 10
16	Je 15-16 / Ps 107 / He 2	Je 41-42 / Ps 136 / 1 Pe 5	Ze 13-14 / Pr 16 / Re 11
17	<i>Torah</i> 1 Ge 6:9-11:32 / 3 Le 8:1-36 Je 17-18 / Ps 108	Je 43-44 / Ps 137 / 2 Pe 1	Er 5-6 / Pr 17 / Re 12
18	Je 19-20 / Ps 109	Je 45-46 / Ps 138 / 2 Pe 2	Es 1-2 / Pr 18 / Re 13
19	Ha 1-3 / Ps 110 / He 3	Je 47-48 / Ps 139 / 2 Pe 3	<i>Torah</i> 1 Ge 44:18-47:27 / 3 Le 19:1-20:27 Es 3-4 / Pr 19
20	Je 21-22 / Ps 111 / He 4	Je 49-50 / Ps 140 / 1 Jn 1	Es 5-6 / Pr 20
21	Je 23-24 / Ps 112 / He 5	<i>Torah</i> 1 Ge 28:10-32:2 / 3 Le 15:1-33 Je 51-52 / Ps 141	Es 7-10 / Pr 21 / Re 14
22	Je 25-26 / Ps 113 / He 6	La 1-2 / Ps 142	Er 7-8 / Pr 22 / Re 15
23	Je 27-28 / Ps 114 / He 7	La 3-5 / Ps 143 / 1 Jn 2	Er 9-10 / Pr 23 / Re 16
24	<i>Torah</i> 1 Ge 12:1-17:27 / 3 Le 9:1-11:47 Je 29-30 / Ps 115	Ez 33-34 / Ps 144 / 1 Jn 3	Ne 1-3 / Pr 24 / Re 17
25	Je 31-32 / Ps 116	Ez 35-36 / Ps 145 / 1 Jn 4	Ne 4-5 / Pr 25 / Re 18
26	Je 33-34 / Ps 117 / He 8	Ez 37-38 / Ps 146 / 1 Jn 5	<i>Torah</i> 1 Ge 47:28-50:26 / 3 Le 21:1-24 Ne 6-7 / Pr 26
27	Je 35-36 / Ps 118 / He 9	Ez 39-40 / Ps 147 / 2 Jn 1	Ne 8-9 / Pr 27
28	Ez 1-2 / Ps 119:1-56 / He 10	<i>Torah</i> 1 Ge 32:3-36:43 / 3 Le 16:1-34 Ez 41-42 / Ps 148	Ne 10-11 / Pr 28 / Re 19
29	Ez 3-4 / Ps 119:57-112 / He 11	Ez 43-44 / Ps 149	Ne 12-13 / Pr 29 / Re 20
30	Ez 5-6 / Ps 119:113-176 / He 12	Ez 45-46 / Ps 150 / 3 Jn 1	Ma 1-2 / Pr 30 / Re 21
31	<i>Torah</i> 1 Ge 18:1-22:24 / 3 Le 12:1-13:28 Ez 7-8 / Ps 120		Ma 3-4 / Pr 31 / Re 22

The Word of God: Our Necessary Food

(alittleperspective.com/our-necessary-food/)

Just as our physical bodies need its necessary food to operate at optimum levels and in best health, so our souls need its necessary food to operate at optimum levels and in best health.

But He answered and said, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'" Mat 4:4

If we do not have our necessary food, for the body or for the soul, we cannot grow into maturity.

Therefore, laying aside all malice, all deceit, hypocrisy, envy, and all evil speaking, as newborn babes, desire the pure milk of the word, that you may grow thereby ... 1 Pet 2:1-2

And just as our bodies need their necessary food daily – one meal a week will not keep it in optimal health – so do our souls need their necessary food daily, for one meal a week in the Word of God will not keep it in optimal health.

And these words which I command you today shall be in your heart. You shall teach them diligently to your children, and shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up. Deu 6:6-7

The Word of God is as sweet to our souls as honey is to our bodies!

*More to be desired are they than gold, yea, than much fine gold;
Sweeter also than honey and the honeycomb. Psa 19:10*

How sweet are Your words to my taste, sweeter than honey to my mouth! Psa 119:103

*Your words were found, and I ate them,
And Your word was to me the joy and rejoicing of my heart;
For I am called by Your name, O Lord God of hosts. Jer 15:16*

And He said to me, "Son of man, feed your belly, and fill your stomach with this scroll that I give you." So I ate, and it was in my mouth like honey in sweetness. Eze 3:3

The Word of God is a living word, freshly speaking to us daily.

It is the Spirit who gives life; the flesh profits nothing. The words that I speak to you are spirit, and they are life. Joh 6:63

For the word of God is living and powerful, and sharper than any two-edged sword, piercing even to the division of soul and spirit, and of joints and marrow, and is a discernor of the thoughts and intents of the heart. Heb 4:12

The Word of God creates and strengthens our faith.

So then faith comes by hearing, and hearing by the word of God. Rom 10:17

Having been born again, not of corruptible seed but incorruptible, through the word of God which lives and abides forever. 1 Pet 1:23

The Word of God contains truth to free us from slavery to sin and lies.

And I will walk at liberty, for I seek Your precepts. Psa 119:45

And you shall know the truth, and the truth shall make you free. Joh 8:32

The Word of God gives us necessary wisdom to teach and direct our ways:

*The law of the Lord is perfect, converting the soul;
The testimony of the Lord is sure, making wise the simple;
The statutes of the Lord are right, rejoicing the heart;
The commandment of the Lord is pure, enlightening the eyes;
The fear of the Lord is clean, enduring forever;
The judgments of the Lord are true and righteous altogether.
Moreover by them Your servant is warned, and in keeping them there is great reward.
Psa 19:7-9, 11*

Your word is a lamp to my feet and a light to my path. Psa 119:105

The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding. Pro 9:10

For whatever things were written before were written for our learning, that we through the patience and comfort of the Scriptures might have hope. Rom 15:4

All Scripture is given by inspiration of God, and is profitable for doctrine, for reproof, for correction, for instruction in righteousness, that the man of God may be complete, thoroughly equipped for every good work. 2 Tim 3:16-17

The Word of God washes our hearts and minds from the world's lies, just as a daily bath washes our bodies from dirt accumulated through the day.

You are already clean because of the word which I have spoken to you. Joh 15:3

Christ also loved the church and gave Himself for her, that He might sanctify and cleanse her with the washing of water by the word, that He might present her to Himself a glorious church, not having spot or wrinkle or any such thing ... Eph 5:26-27

The Word of God protects and preserves us from traps and snares.

Also it shall be, when he sits on the throne of his kingdom, that he shall write for himself a copy of this law in a book, from the one before the priests, the Levites. And it shall be with him, and he shall read it all the days of his life, that he may learn to fear the Lord his God and be careful to observe all the words of this law and these statutes, that his heart may not be lifted above his brethren, that he may not turn aside from the commandment to the right hand or to the left, and that he may prolong his days in his kingdom, he and his children in the midst of Israel. Deu 17:18-20

Concerning the works of men, by the word of Your lips I have kept away from the paths of the destroyer. Uphold my steps in Your paths, that my footsteps may not slip. Psa 17:4-5

How can a young man cleanse his way? By taking heed according to Your word. Psa 119:9

The Word of God plants seeds of truth in the hearts of the next generation.

Your word I have hidden in my heart, that I might not sin against You. Psa 119:11

Now the parable is this: The seed is the word of God. Those by the wayside are the ones who hear; then the devil comes and takes away the word out of their hearts, lest they should believe and be saved. But the ones on the rock are those who, when they hear, receive the word with joy; and these have no root, who believe for a while and in time of temptation fall away. Now the

ones that fell among thorns are those who, when they have heard, go out and are choked with cares, riches, and pleasures of life, and bring no fruit to maturity. But the ones that fell on the good ground are those who, having heard the word with a noble and good heart, keep it and bear fruit with patience. Luk 8:11-15

Have you eaten today?

Daily Family Devotions

(alittleperspective.com/bible-curriculum/)

When my mother was a girl, she and her siblings ate dinner together with her parents around the dining room table. When the meal was done and the dishes cleared, my grandfather read the daily Bible reading aloud to his family, every evening. If they ate food every day to sustain their physical bodies, then they also consumed the Word of God every day to sustain their inner man. Even when my mother and her siblings were teens, with things to do and places to go, they absolutely did not leave the table until their father had read the daily Bible reading to his family.

When fathers do this, he is taking up part of his responsibility as the spiritual leader of his family, as it should be. Fathers need to read aloud to their families, even when the children are infants. The Word of God is a living word, and plants seeds in his childrens' hearts even before their minds comprehend it. As far as what to read, may I suggest a three-year plan, with reading one chapter per day for most days.

My husband and I read our daily reading together, and conclude with prayer together. Follow the Lord's Prayer (Mat 6:9-13) as our Savior instructed. Acknowledge our heavenly Father and His goodness, ask for daily needs, and confess and repent of daily sins.

The greatest deficiency of modern believers, especially in America, is lack of knowing what God has actually said. Most believers have not read the entire Bible, nor do they read daily in the Word of God. It is a deficiency reflected in our culture!

When a child reaches middle school years, besides hearing the Bible read by his father every day during family reading time, he should read the Bible separately for himself. Middle schoolers should follow the same three-year plan. No curriculum is necessary; the Word of God is a wonderful teacher when we let Him teach.

When a child reaches high school years, besides hearing the Bible read by his father every day during family reading time, he should write out the Bible separately for himself. Copy each day's reading into a notebook, from his printed Bible (no Bible apps). Use the same three-year plan used to read the Bible in the middle school years. Why write it out? The heart and mind make connections when writing, that often go unconnected when just reading alone.

If a child enters into daily family read aloud time as an infant, then by the time he reaches middle school years, he will have heard the Bible read through four times (taking three years each time). Then he will have read it himself during middle school, and copied it himself during high school—eight times (including the family reading during middle and high school) to have learned the entire Bible from front to back before launching out into

adulthood. What a solid and wise foundation for his future life! And can you imagine how much our culture would change if this were the case?